



Warton Nethersole's C E Primary School

Spring Term Newsletter 1-2-18

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Wellness Week 4th - 8th February

There is a growing awareness nationally about children's mental health difficulties. So that we can meet the holistic needs of our pupils, we have two mental first aiders in school and all staff have received training on dealing with trauma, attachment, bereavement and other emotional issues that can affect children. Next week we are having a 'Wellness Week' across school. We have a variety of things planned for children, and staff, to promote healthy lifestyles and mental well-being.

- Tuesday: Tai Chi and qigong
- Wednesday: Wellness 'Kick Start' day delivered by a health mentor
- Friday: African drumming singing and dancing

Children will also be doing relaxation sessions, mindfulness activities and preparing and eating healthy food. We are all hoping to have a very chilled week!



REMINDER Water bottles

Children should all have a school water bottle which is to be kept in the classroom and re-filled as necessary throughout the day. Please do not send sports water bottles into school as they are too big to fit into our storage baskets. Eco committee have also asked that we try to reduce the amount of plastic water bottles that children are bringing into school in their lunchboxes.

★ HAPPY BIRTHDAY! ★

February



Big Bird Watch



We will once again be taking part in the Big Schools' Bird Watch this month.

We would welcome donations of bird seed and fat balls to attract wild birds onto our grounds in the coming days.

THANK YOU

Behaviour in school

Our behaviour policy in school is very much based on positive praise and encouragement. To further support this ethos we are introducing a system of 'Houses' as follows:

Red - Robin

Blue - Kingfisher

Green - Woodpecker

Yellow - Goldfinch



House points will be used to reward individual children for good behaviour, manners, work, adhering to school rules, correct kit/equipment, work of a high standard etc. House points will be collected at the end of each week and the house with the most points announced in Friday's Merit Assembly. A House Cup will be awarded each half-term for the House with the most points. The children will find out next week which Houses they are in.

Snow Alert!



In the event of snow/ice which would make it difficult to maintain the safety of the school site, or make travelling to school hazardous for staff and pupils who live outside the village, the school will be closed. We will give you as much notice as possible either by text or e-mail alert. Messages will also be posted on the school website.

DIARY DATES

Tuesday 5th

Relaxation day

Wednesday 6th

Wellness 'Kick Start' day

Friday 8th February

Dress down day

African drumming workshops

18th -22nd February

Half-term

Monday 25th February:

Training day. School closed (new date changed from March 18th)

Friday 22nd March

Dress down day

Thursday 28th / Friday 29th March

Mother's Day Services

Thursday 4th April

Chocolate Bingo

Mon 8th / Wed 10th April

Parents' Evenings

Friday 12th April

Easter service in Church

Sponsored Easter Egg Hunt

Last day of spring term

Monday 29th April

Back to school. First day of summer term

