

Educaterers Lunch Menu Week 2
Commencing Mondays 21/5, 18/6, 9/7, 10/9, 1/10, 22/10.

Monday



Organic Pork Meatballs (G.SU.)

or



(v) Farmhouse Omelette (D.E.)

Tuesday



Chicken Korma (D.E.M.)

or



(v) Vegetarian Sausages (G.SU.SB.)

Wednesday



Roast Beef in Gravy

or



(v) Chinese Style Quorn Meatballs (G.SB.E.)

Thursday



Cheesy BBQ Bacon Pasta (G.D.)

or



(v) Cheese and Tomato Pizza (D.G.)

Friday



*Seaside Fish Fillet (F.G.)

or



(v) Jacket Potato with Cheese (D.)

Week 2 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v) Cheddar Cheese, Crackers and Apple Wedge (D.G.) or Ice Cream Tub (D.)

Tuesday

(v) Homemade Very Berry Muffin (G.E.)

Wednesday

(v) Homemade Superfood Granola Bar (G.) or Jelly and Peaches

Thursday

(v) Homemade Syrup Sponge with Custard (G.D.E.)

Friday

(v) Homemade Chocolate Flapjack (G.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

*Salmon

Key

V = vegetarian
D = Dairy
N = Coconut
S = Sesame
E = Egg

G = Gluten/Wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites

Allergies
Please contact your school cook for information regarding the content of dishes and products on our menu.