

Educaterers Lunch Menu Week 1
Commencing Mondays 14/5, 11/6, 2/7, 3/9, 24/9, 15/10.

Monday



Pork Sausages (G.SU)

OR



(v) Fusilli Pasta in a Rich Tomato Sauce (D.G.)

Tuesday



Chinese Style Turkey Meatballs (G.SB.)

OR



(v) Cheddar Cheese and Potato Pie (D.E.)

Wednesday



Roast Pork

OR



(v) Vegetable and Lentil Korma (M.D.E.)

Thursday



Chicken Pie (D.G.)

OR



(v) Vegetarian Toad in the Hole (G.SU.SB.D.E.)

Friday



Breaded Pollock Fillet (F.SB.)

OR



(v) Organic 3 Bean Chilli

Week 1 Dessert Menu

Every day we offer:
(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday
(v) Strawberry Swirl Mousse (D.)

Tuesday
(v) Homemade Citrus Sponge with Mandarin Oranges (G.E.)

Wednesday
(v) Homemade Cookie (G.)

Thursday
(v) Homemade Orchard Fruits Crumble with Custard (G.D.)

Friday
(v) Homemade Chocolate Cracknel (G.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

Key

V = vegetarian	G = Gluten/Wheat
D = Dairy	F = Fish
N = Coconut	M = Mustard
S = Sesame	SB = Soya
E = Egg	SU = Sulphites

Allergies
Please contact your school cook for information regarding the content of dishes and products on our menu.

