

**Educaterers Lunch Menu Week 1**  
w/c Mondays 12/11, 3/12, 7/1/19, 28/1, 25/2, 18/3, 8/4.

**Monday**



Pork Sausages (G.SU)

or



(v) Farmhouse Omelette (D.E.)

**Tuesday**



BBQ Chicken Fillet Wrap (G.)

or



(v) Vegetable Pasta Bake (G.D.)

**Wednesday**



Roast Beef in Gravy (Yorkie Pud D.E.G.)

or



(v) Vegetarian Toad in the Hole (G.SU.SB.D.E.)

**Thursday**



Mild Chicken Tikka Curry (M.D.E.)

or



(v) Cheese and Tomato Pizza Wedge (D.G.)

**Friday**



Gluten Free Fish Fingers (F.)

or



(v) Chinese Style Quorn Noodles (SB.E.G.)

**Week 1 Dessert Menu**

**Every day we offer:**  
(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**  
(v,h) Homemade Flapjack (G.)  
(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

**Tuesday**  
(v,h) Homemade Toffee Apple Sponge with Custard (SB.G.E.D.)  
Ice Cream Tub (D.)

**Wednesday**  
(v,h) Homemade Chocolate Crunch Biscuit (G.)

**Thursday**  
(v,h) Homemade Lemon or Orange Drizzle Cake (G.E.)

**Friday**  
(v) Pancakes with Fruit Toppings (SU.D.E.G.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown.**

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

**Key**

- V = vegetarian
- D = Dairy
- N = Coconut
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

**Allergies**  
Please contact your school cook for information regarding the content of dishes and products on our menu.

